

If you are entering via a download you may find the following information helpful.

Please be aware:

If you don't put enough stamps on your envelope that contains your entry form, this delays it from getting to us which means that you may miss out on a place! It also means that we get charged a minimum of **£1.06**, for every envelope, without enough stamps and we also have to pay, for the missing postage - which is a real waste of all the money you have raised for us.

So if you send your entries in an A4 envelope, an ordinary 1st (36p) or 2nd (27p) class stamp is **not** enough. **The minimum charge is 52p for 1st and 42p for second.** Some of our teams of walkers also send in many entry forms in one envelope which usually means that the postage is not enough to cover the delivery. It then takes longer to get to us and we have to pay for all the charges!

So if in doubt, go to your local post office and ask for advice from the staff behind the counter. It will mean that we get your entry form quicker and also allow us to grant more of your fundraising to our charities.

Thank you from all of us at Walk the Walk

Answers to your questions:

1. It is **very** important that the entry form is signed by the person who is walking.

2. **Incomplete or unsigned forms will unfortunately, be returned and you may not receive a place in the event**

3. **Can I download more than one application?**

You can download as many applications as you like, however each application must be completed by the person applying - Due to health and safety requirements each person who enters must be responsible for filling out their own form. Each person entering will be required to sign their entry form.

4. **Who should cheques be made payable to?**

All entry fee cheques should be made payable to 'Walk the Walk in Action Ltd.' Please ensure that you put the name and address of the corresponding entrant on the back of the cheque.

5. **Does everyone who sends in an application form get a place?**

Sadly not. All places are given in the order in which applications are received on a first come first served basis.

6. **Can I register on behalf of someone else?**

No. Due to health and safety requirements each person who enters must be responsible for filling out their own form. Each person entering will be required to sign their entry form.

7. **Can I hand deliver my form?**

You can hand deliver your application between the hours of 9am and 5.30pm Mon-Fri, unfortunately the building we are in does not have a letterbox for you to drop your entry through. We will time and date stamp every entry that is received this way we can ensure that all places are given in the strict order of first come first served.

8. **Can I courier my entry to you?**

Yes you can arrange a courier application between the hours of 9am and 5.30pm Mon-Fri, unfortunately the building we are in does not have a letterbox for you to drop your entry through. We will time and date stamp every entry that is received this way we can ensure that all places are given in the strict order of first come first served.

9. **Will sending an entry via Special Delivery guarantee my place?**

Sending applications via Special Delivery will guarantee next day delivery but does not guarantee your place on The SunWalk, all applications are treated on a first come first served basis.

10. **Can I enter as a part of a team?**

All applications are treated as individual entries however many people like to have a team name to fundraise together or as a method of building morale and team bonding. We do not allocate places as per team names, all places are given in the order in which applications are received. If you are entering as a team, it is advisable to put all entry forms in one envelope so that we receive them together and process them together - this way either you will all either be successful with your applications or not, depending on when we receive them. Please include one cheque with each individual entry form.

11. **Can I write a cheque on behalf of someone else?**

Yes, we don't mind who the cheque is from, as long as the entry form has been completed and signed by the applicant.

12. **Can I send one cheque for more than one application?**

We ask that you send one cheque for each application form. Please put the applicants name and address on the back of the cheque.

13. I walked/volunteered before; do I get priority with my application?

No, to be as fair as possible, all places are given as we receive applications on a first come first served basis.

14. How much sponsorship do I need to raise?

We ask that everyone who enters The SunWalk aims to raise a minimum of £100. We know how hard it can be to raise sponsorship, especially if you do lots of charity events! Fundraising is a fantastic way to raise money and awareness and we have had people do all sorts of things from bra decorating competitions, to bra car washes, falling out of planes and speed dating! There are many other fundraising ideas so why not check out our website to get you started or create a unique idea of your own!

15. When will I find out if I have got a place?

We will write to all successful applicants as soon as we possibly can to notify them of places. With the sheer volume of entries we receive, please do bear with us as it does take a little time to process all walkers details along with the details of those who unfortunately were unsuccessful with their walking applications onto our database. We will write to everyone who has applied to take part to let them know whether or not they have secured a place. **We will be unable to confirm any places over the telephone or via e-mail until these letters have been posted.**

16. I got a place but my friend didn't- what can we do?

All places are given in the strict order in which applications are received. If a walking place has been unsuccessful, there are still ways to support the event, Walk the Walk and our walkers. We would love you to join us by becoming one of our treasured volunteers on the day of The SunWalk! We need over 600 volunteers to make the event happen and you could be doing jobs ranging from marshalling on the route, giving out water, serving food or handing out medals as walkers cross that finish line!

17. I am unable to walk; can I give my place to someone else?

Places are allocated to individuals as per the application forms, once you have been accepted your place cannot be transferred to any other person. If you are unable to attend The SunWalk, you must notify us in writing as soon as possible – you cannot give your place to any other person.

18. Is it possible to defer my entry to another event?

No, we are unable to defer any places or transfer your place to any other event organised by Walk the Walk .

19. Can I change any details on my application form?

No, we are unable to accept any changes to your entry other than your address if you move. Please do notify us of any change of address in writing to info@walkthewalk.org

20. Can the entry form be photocopied?

We will accept photocopied forms as long as we can read the details on the form, the form is completed and signed by the entrant and each form is accompanied by a cheque made payable to 'Walk the Walk in Action Ltd'

RULES OF ENTERING THE CELEBRITY SUNWALK

The Celebrity SunWalk 2010 in Southampton (The Event) is provided by Walk the Walk in Action Limited, a company limited by shares, company number SC201976 whose registered office is at 5 Atholl Crescent, Edinburgh, Midlothian, EH3 8EJ (Action). Action is a wholly owned subsidiary of Walk the Walk Worldwide, a company limited by guarantee and a charity registered with the Office of the Scottish Charity Regulator under Charity Number: SC029572 (WTW).

1 IMPORTANT RULE OF ENTRY – Your entry to The Event is only secured when you receive confirmation of your entry. At that point these terms shall become effective and an agreement will exist between Action and you (this Agreement). If you are successful, entry information, bra and T-shirt will be sent to you by post prior to 24 April 2010. Other goods (if available) shall be available at the start of The Event on 24 April 2010.

2 IMPORTANT RULE OF ENTRY – This is the entry form for The Event. Once this form has been submitted it will not be possible to change between the 10km or 5km or alter any of the following information that you have inputted into the form: estimated finishing time, bra size or T-shirt size.

3 IMPORTANT RULE OF ENTRY – An adult must accompany any entrant under the age of 18 for the duration of The Event. The entry for the guardian of the adolescent must accompany the entry for the adolescent. The guardian must enter their name in the space provided on the entry form. For schools or groups there must be a minimum ratio of 1 adult to 5 adolescents.

4 IMPORTANT RULE OF ENTRY – Refunds will only be made if The Event is cancelled by the organisers. In the event that The Event cannot take place on 24 April 2010, every attempt will be made to arrange a new date.

5 IMPORTANT RULE OF ENTRY – Once accepted, your place cannot be transferred to any other person or event organised by Action. If you cannot attend The Event, you must inform Action in writing as soon as possible. We can not cancel any place unless we receive your written request to do so. Accepted entries cannot be deferred to the following year.

6 No animals apart from guide dogs are permitted. The Event is a Power Walking event and no other form of propulsion or transport (including but not limited to roller blades and bicycles and Nordic Poles) is allowed.

7 NO alcohol is to be brought into, or consumed at The SunWalk prior to or during The Event. Smoking will not be permitted.

8 Entry – By entering The Event you agree to follow the reasonable directions of Action and abide by the rules of The Event which shall be communicated to you from time to time.

9 Entry Fees – The entry fee is £26.00 for adults and £18.00 for children aged 0 -12. This fee is inclusive of VAT. The Entry Fee shall remain the same until all entries into The Event have been taken or 1 March 2010, whichever occurs first.

Entry Fees – In return for your Entry Fee, Action shall supply you with one entry to The Event, entry information, a bra and a T-shirt. Any other goods shall be provided at the discretion of Action. The Event is a Power Walking event. You will have the choice of entering into the 10km or the 5km. The Entry Fee shall include all delivery costs to addresses in the UK. There will be an additional charge for applicants who are not residents of the UK.

10 Medical Information and Liability – You are responsible for your own medical condition. If you are in doubt about your ability to take part in or finish The Event or you have any medical condition, consult your doctor prior to commencing your exercise programme. None of Action or WTW, the charities benefiting from WTW's grants nor The Event sponsors (together the Organisations) accept any liability for the health of the entrant. If you are NOT a UK resident Action advises that you should have personal insurance that covers you for participating in road walking sporting events.

11 Liability – The Event is operated by Action: none of the Organisations including Celebrity Cruises have any liability in relation to The Event. Action and the Organisations, to the fullest extent permitted by law, exclude liability for any loss, damage, injury, consequential loss suffered by any entrant personally or to their property as a result of their entry to or participation in The Event.

12 Intellectual Property (IP) – WTW owns the IP rights in the name Walk the Walk and the names of its events, including but not limited to The MoonWalk and The SunWalk. These rights include both trade marks and copyright. You are not permitted to use any of the rights owned by WTW, including the names of events or these terms and conditions, for your own purposes or to raise funds for WTW other than in connection with events and challenges approved by WTW.

13 Disabled entrants – are welcome to take part, although due to the nature of the event we ask you to contact the organisers (telephone +44 (0)1483 741430) prior to filling in this form as some disabilities may not find the event feasible. If the disabled entrant is successful in obtaining a place in the event, and requires assistance from another person (or people), the assist will be guaranteed a place. If the number

of support people exceeds 1, additional guaranteed places will be at the discretion of Action.

Please note that those people assisting a disabled entrant will be required to pay the entry fee, but will not be required to raise sponsorship if they do not wish to. In certain cases it will be possible for Action to allow a change in the support person or people. Any request for a change in personnel must be notified to Action. Once the event entry list has been closed and passed to the emergency services prior to the event no changes to entrants will be permitted.

14 Sponsorship money raised – You are not permitted to use any of the sponsor money that you raise in relation to your entry in The Event to pay for your expenses. If you do not pass all of the money that you raise to WTW you may be committing a criminal offence. A failure to submit any money raised from any previous participation in The Event, or a failure to notify us if you have not been able to attend a previous Event may result in Action refusing entry or cancelling this Agreement. You are not permitted to use your entry to raise money other than for WTW or to pass on funds raised for WTW to other charities. Any money raised by you relating to your participation in The Event will be paid to WTW and used for its general charitable purposes.

15 Termination – this Agreement remains in force until you have paid all money and sponsorship raised in relation to The Event to WTW. Action may cancel this Agreement at any time if you are in breach of any of these terms and conditions.

16 Complaints – If you have any complaints or queries, please write to: Walk the Walk in Action Limited, Brook House, 88 - 100 Chertsey Road, Woking, Surrey, GU21 5BJ, United Kingdom.

17 Legal Information – This Agreement shall be governed by the laws of England and Wales and Action and you hereby submit to the exclusive jurisdiction of the English Courts.

Closing date for entries: 1 March 2010 or earlier if the event is full.

One cheque must be received with each entry form. Entrant's name, address and event must be written on the back of the cheque.

One form per person.

Entries are processed in the order that we receive them.

Entries work on an individual basis, but if you want to walk with friends the best way to make sure you all secure a place is to send your entries in together. Do bear in mind, if an entry is incorrectly filled in, it will be returned and places are not reserved.

Data Protection Act

Walk the Walk Worldwide, Walk the Walk in Action Limited and WalkWear Limited (together "WTW") process your personal data (as defined by the Data Protection Act 1998 (the "Act") for the purposes of your entry into events, keeping you informed about our work, promotions and future events run by WTW and third parties, achieving the charitable objectives and marketing of a charitable organisation and fundraising. This may include WTW using your photograph or film image or a sound recording of you. Your name may also appear in any press listing of those participants taking part in events. WTW may transfer your personal data to HM Revenue and Customs, the charities that it supports through grants and to some supporting organisations, both charitable and commercial. If you would like WTW to stop processing your personal data at any time, you do not want your name to appear in any press listing of participants or you do not want your personal data transferred to a third party, please write to Walk the Walk Worldwide, Brook House, 88-100 Chertsey Road, Woking, Surrey, GU21 5BJ. Please note that by requesting this you will not be informed about future events or the activities of WTW. Some of the information that we process will be sensitive personal data (as defined by the Act), by signing this form you give WTW explicit consent to process such data for the purposes outlined above.

Return this form to:

The Celebrity SunWalk

Walk the Walk, Brook House,
88-100 Chertsey Road, Woking, Surrey
GU21 5BJ, United Kingdom

Tel: 00 44 (0) 1483 741430

Email: info@walkthewalk.org

Web: www.walkthewalk.org

**You can also enter online by visiting
www.walkthewalk.org/celebritysunwalk**

What you do for us...

Small steps, no matter how small, make BIG changes... By aiming to raise a minimum sponsorship of £100 you could be helping us to raise over half a million pounds on this one day. Much of the funds raised in Southampton will stay in the South and be granted to hospitals for hair loss prevention equipment. Scalp Coolers, as they are known, are not life saving equipment. For many, they help cancer patients and their families to continue with a normal life feeling positive and, above all, normal. Walk the Walk will be granting these funds to where we know it will make the most difference to vital breast cancer causes.

We also ask you for your commitment to get into training and prepare for the BIG day. What an exchange: you get fitter and many, many people with cancer will benefit from Walk the Walk funds!

What you do now...

Complete the attached form and send it to Walk the Walk with your entry fee. Please make sure you have filled in all the details on the **pink entry form** and also **one of the coloured forms** depending on the distance you choose. We will send everything you need to join this challenge, so what are you waiting for... every step you take makes a difference!

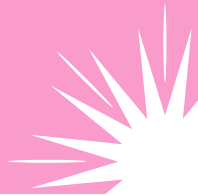
**Come rain or shine
you'll have a fun time!**

Win 2 nights on board Celebrity Eclipse!

Just by entering this challenge five lucky winners and their guest, will be able to experience this amazing ship for themselves as they become guests of Celebrity Cruises on the special naming ceremony 2 day mini cruise. The cruise will leave on Saturday 24 April. The winners will be drawn at random and awarded by April 3rd 2010.

It could be you!

Terms and conditions apply.



Celebrity X Cruises® **walkthewalk®**
united against breast cancer

Walk the Walk and Celebrity Cruises began their journey together in July 2009 when Nina Barough the founder of Walk the Walk was asked to become The Godmother of a new ship, Celebrity Equinox.

On April 24 2010, Celebrity are delighted to announce the launch and naming ceremony of the sister ship, Celebrity Eclipse. Not only will this exciting day take place in Southampton but the city will also become her home port.

Celebrity Cruises are known for their nurturing, healthy and caring approach; combine that with their passion to help raise awareness and funds for breast cancer and you have the perfect match with Walk the Walk. Together they will be creating a wonderful day of celebration, with a 5k and 10k Power Walk just to get things going!

So... don't wait... If you would like to join us and really help to make a difference whilst having fun, then fill in this entry form, or visit our web site for the online entry method and find out how your friends and family could support you as a volunteer on the day!

We look forward to seeing you there!

Good Housekeeping*

SOUTHERN Daily Echo



Supported by



**ALL entrants
MUST
complete
this page
and one
other page**

Personal Information

Mrs/Ms/Miss/Mr/Other (please state)

Forename(s)

Surname

Address

Postcode

Country

Phone

Mobile

Email

Emergency contact name on event day

Emergency contact phone number

To enter the prize draw for a 2 night cruise on board Celebrity Eclipse you must be over the age of 21. Please tick box if you are eligible.

Follow 3 easy steps to join The SunWalk:

1 Fill in the form above

2 Choose which distance you want to walk and fill in one of the following forms:

10k fill in the **Orange** form

5k fill in the **Yellow** form

3 Enclose **one cheque** per entry made payable to Walk the Walk in Action Ltd (address on reverse of this form)

NB. If you are entering as part of a team, each person must include a separate form and a separate cheque.

If I am **NOT** successful in gaining entry to the event I would like to donate my entry fee. Yes No

By using Gift Aid you can make your donation worth more.

For every pound you give to us, we get an extra 25 pence from the Inland Revenue. So just tick here, it's that simple. I would like Walk the Walk to treat the enclosed donation as a Gift Aid donation Yes No

To qualify for Gift Aid, what you pay in income tax or capital gains tax must equal the amount we will claim in the tax year.

If you think your story may be of interest to others tick the box and attach a brief account of your story along with your entry form and post to the address above.

Walk the Walk in Action Limited is a wholly owned subsidiary of Walk the Walk Worldwide, a charity recognised in Scotland which aims to grant 80% of its charitable income.

Charity No. SC029572

10k

All walkers must be at least 6 years of age on event day and must be able to walk the distance

Preferred T-shirt style (if available)

Adult

Loose fit Medium 12 [] Large 14 [] XLarge 16 []
XXLarge 18 []

Tight fit Small 8/10 [] Medium 10/12 [] Large 12/14 []
XLarge 14/16 [] XXLarge 16/18 [] Small is available in tight fit only.

Child

6yrs [] 7-8yrs [] 9-11yrs [] 12-13yrs []

A bra will be sent to all walkers aged 13 and above.
The following sizes are available: 30 D-G, 32-38 A-G, 40-42 D-DD

Back size [] Cup size []

Prosthesis bras are currently available in the following sizes: 30 - 42 A - G.
If you are outside this size range, we will endeavour to find you a suitable prosthesis bra.

Back size [] Cup size []

If you require a bra size that is not available, we suggest that you either decorate one of your own bras for maximum comfort, or pick a bra size that is available and may be suitable for you. In all cases we will endeavour to send the bra size that you have requested. Colour can not be specified.

Please make sure that you order the right size as exchanges are not possible.

Teams

Fill in this section if you are entering as a team and would like to be known by a 'team' name. PLEASE NOTE: This section is compulsory for children and their parents/guardians.

Team name []

It is essential that the spelling of the team name is correct.

Do you have any allergies or a medical condition of which the organisers should be aware? [] Please give details below

[]

Entry fee

I enclose my entry fee of £26 (inc VAT at the current rate) []

Children between the age of 6 -12 can benefit from a reduced entry fee of £18 (inc VAT at the current rate) []

Overseas participants will be required to pay an additional fee of £5 to cover the cost of postage []

By signing this form in the space below, I confirm that I have read and accept the conditions of entry to The SunWalk and all the rules and conditions of the event. All cheques must be made payable to Walk the Walk in Action Ltd - do not send cash. Entry forms that are not signed will be returned to the applicant.

I also aim to raise a minimum sponsorship of £100.00 for Walk the Walk Worldwide. Children are just asked to raise as much money as they can.

Rules and conditions of entry are on the back of the form.

Signed [] Date []

Entrants must be 6 years of age on the event day, 24 April 2010. Any walker between the age of 6 and 17 must include their age and signature of guardian.

Date of birth [] day [] month [] year [] Age on event day []

Name of guardian (printed) []

Relationship of guardian to walker []

Signature of guardian []

5k

Walkers
of any age,
limited places
for buggies

Preferred T-shirt style (if available)

Adult

Loose fit

Medium 12

Large 14

XLarge 16

XXLarge 18

Tight fit

Small 8/10

Medium 10/12

Large 12/14

XLarge 14/16

XXLarge 16/18

Small is available in tight fit only.

Child

0-24months

3-4yrs

5-6yrs

7-8yrs

9-11yrs

12-13yrs

A bra will be sent to all walkers aged 13 and above.

The following sizes are available: 30 D-G, 32-38 A-G, 40-42 D-DD

Back size

Cup size

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By signing this form in the space below, I confirm that I have read and accept the conditions of entry to The SunWalk and all the rules and conditions of the event. All cheques must be made payable to **Walk the Walk in Action Ltd** – do not send cash. Entry forms that are not signed will be returned to the applicant.

I also aim to raise a minimum sponsorship of **£100.00** for Walk the Walk Worldwide. Children are just asked to raise as much money as they can.

Rules and conditions of entry are on the back of the form.

Signed

Date

Any walker between the age of 0 and 17 must include their age and signature of guardian.

Date of birth

day

month

year

Age on event day

There are limited places for buggies and we advise that babies should be carried in slings or back carriers.

Coming in a buggy

Name of guardian (printed)

Relationship of guardian to walker

Signature of guardian

Celebrity SunWalk® 2010

Celebrity X Cruises® **walkthewalk**
united against breast cancer



Saturday 24 April Southampton 2010

ENTRY FORM

www.walkthewalk.org



Be a celebrity for a day and make a difference!

Join this special fun filled day, a day full of surprises, music and much more. A day when over 5,000 walkers will step out into Southampton to take on a 5k or 10k challenge, to not only raise money and awareness for vital breast cancer causes but to celebrate the arrival of a brand new ship, Celebrity Eclipse. Listen to some great music, and just by entering our 5k or 10k walking challenge the opportunity to win a 2 night mini cruise aboard this luxurious ship as it sets sail after the ceremony!

The whole family can get together and take on the challenge, and whilst you are having fun you will be raising awareness and money that will be granted to vital breast cancer causes.

Anybody can take part. This is your chance to make a difference, so bring family, friends, everybody you know and celebrate with us... and if you have ever wanted to be a celebrity for a day... now is your chance, come dressed as your favourite celebrity... wearing your bra of course... and make it a real red carpet day!

What is Walk the Walk...

Walk the Walk is a charity not only committed to raising money for vital breast cancer causes but will also show you how to stay fit and healthy by encouraging exercise and healthy eating as a vital part of cancer prevention.

Walk the Walkers do it in bras...

Wearing bras is Walk the Walk's unique trademark. The girls and yes the guys too, as long as you are over 13... all Walk the Walk in decorated bras. Whilst it is not the normal sight for a Saturday morning in Southampton... it is a spectacle to behold and one that succeeds in not only raising awareness but also millions of pounds for Walk the Walk. So be courageous, be brave and get creative! We'll be giving you lots of tips on how to get decorating, you may just surprise yourself - and anyway, no one will recognise you as you will be disguised as your favourite celebrity!

What we do for you...

Join the Celebrity SunWalk, you can choose to complete a 5k or 10k challenge. After receiving your entry form, we will send you all the information you need to start Power Walking and getting fit. You will also receive a sponsor form, details about our online fundraising, a Safety Guide... everything you need to get going. A few weeks before the big day, you will receive your cap, T-shirt, walker number, and if you are over 13, your bra to decorate. On the day there will be toilets and water provided, a medal at the finish line and non-stop music throughout the day!

