

**Raise money  
raise awareness  
get fit and  
have fun!**

## the **SunWalk**<sup>®</sup> newcastle 2010

**July 18 Exhibition Park Newcastle Upon Tyne**



**ENTRY FORM**  
[www.walkthewalk.org](http://www.walkthewalk.org)

 **walkthewalk**<sup>®</sup>  
uniting against  
breast cancer  
Patron HRH The Prince of Wales

## **Flower Power Walks the Walk!**

**It's a Summer of Love for Walk the Walk... Join us at the SunWalk Newcastle and love your body by getting into shape, love your family and friends by encouraging them to come too, and we love, that by you taking on a 5k, 10k or Half Marathon challenge, you are really making a difference and showing your care for the many thousands of breast cancer patients not only in the North East but throughout the UK.**

**This is your BIG chance to make a difference... get out your flowers and beads as we relive the 60's with the fab four... **The Bootleg Beatles** will be leading the way with a festival of music and fun!**

### **What is Walk the Walk...**

Walk the Walk is a charity not only committed to raising money for vital breast cancer causes but will also show you how to stay fit and healthy by encouraging exercise and healthy eating as a vital part of cancer prevention.

Most of the money raised in this challenge will stay in the North East and be used to improve the quality of life for all cancer patients.

### **Walk the Walkers do it in bras...**

Wearing bras is Walk the Walk's unique trademark. The girls and, yes, the guys too, as long as you are over 13... all Walk the Walk in decorated bras. Whilst it is not the normal sight for a Sunday in Newcastle... it is a spectacle to behold and one that succeeds in not only raising awareness but also millions of pounds for Walk the Walk. So be courageous, be brave and get creative! We'll be giving you lots of tips on how to get decorating, you may just surprise yourself!

### **What we do for you...**

Come and join us for the SunWalk! You can choose to complete a Half Marathon, 10k or 5k. After receiving your entry form we will then send you all the information you need to start Power Walking and getting fit. You will also receive a sponsor form to start your fundraising and a Safety Guide - everything you need to get going! A few weeks before the event you will receive your hat, T-shirt and walker number. If you are over 13 you will also receive your bra to decorate! On the day there will be great music, plenty of fun and a warm up before the start. Toilets and water are provided en route and a team of smiling faces giving out medals to welcome you home!



## What you do for us...

Small steps make BIG changes... no matter how small! By aiming to raise a minimum sponsorship of £100.00 you could be helping us to raise over half a million pounds on this one day. Walk the Walk will be granting these funds to where we know it will make the most difference to vital breast cancer causes. We have already made grants for Scalp Cooling equipment to several NHS hospitals throughout the North East, and supported research that benefits us all.

We also ask you for your commitment to get into training and prepare for the BIG day. What an exchange; you get fitter and many, many people cancer will benefit from Walk the Walk funds!

## What do you do now...

Complete the attached form and send it to Walk the Walk with your entry fee. Please make sure you have filled in all the details on the **grey entry form** and also **one of the coloured forms** depending on the distance you choose. We will send everything you need to join this dynamic challenge, so what are you waiting for... every step you take makes a difference!

**Come rain or shine  
you'll have  
a fun time!**



Return this form to:  
**The SunWalk Newcastle 2010**  
Walk the Walk, Brook House,  
88-100 Chertsey Road, Woking,  
Surrey, GU21 5BJ, United Kingdom

Tel: 00 44 (0) 1483 741430  
Email: [info@walkthewalk.org](mailto:info@walkthewalk.org)  
web: [www.walkthewalk.org](http://www.walkthewalk.org)

## Walking on Sunshine T-shirt Competition

Calling all our under 12 walkers... Get creative and enter our competition. All you have to do is create the winning design of our SunWalk T shirt for 2010.

You can win great prizes for you and your family and your design could be on the front of all our T shirts worn by the under 12's.

Want to find out more? Visit  
[www.walkthewalk.org/SunWalkT-shirt](http://www.walkthewalk.org/SunWalkT-shirt)



## Good Housekeeping

Official media partner of Walk the Walk Worldwide

Supported by:



Let's Get Newcastle Walking

## RULES OF ENTERING THE SUNWALK NEWCASTLE

The SunWalk Newcastle 2010 (The Event) is provided by Walk the Walk in Action Limited, a company limited by shares, company number 201976 whose registered office is at 5 Atholl Crescent, Edinburgh, Midlothian, EH3 8EJ (Action). Action is a wholly owned subsidiary of Walk the Walk Worldwide, a company limited by guarantee and a charity registered with the Office of the Scottish Charities Regulator under Charity Number: 029572 (WTW).

**1 IMPORTANT RULE OF ENTRY** – Your entry to The Event is only secured when you receive confirmation of your entry. At that point these terms shall become effective and an agreement will exist between Action and you (this Agreement). If you are successful, entry information, bra and T-shirt will be sent to you by post prior to 18 July 2010. Other goods (if available) shall be available at the start of The Event on 18 July 2010.

**2 IMPORTANT RULE OF ENTRY** – This is the entry form for The Event. Once this form has been submitted it will not be possible to change between the Half Marathon, 10km or 5km or alter any of the following information that you have inputted into the form: estimated finishing time, bra size or T-shirt size.

**3 IMPORTANT RULE OF ENTRY** – An adult must accompany any entrant under the age of 18 for the duration of The Event. The entry for the guardian of the adolescent must accompany the entry for the adolescent. The guardian must enter their name in the space provided on the entry form. For schools or groups there must be a minimum ratio of 1 adult to 5 adolescents.

**4 IMPORTANT RULE OF ENTRY** – Refunds will only be made if The Event is cancelled by the organisers. In the event that The Event cannot take place on 18 July 2010, every attempt will be made to arrange a new date.

**5 IMPORTANT RULE OF ENTRY** – Once accepted, your place cannot be transferred to any other person or event organised by Action. If you cannot attend The Event, you must inform Action in writing as soon as possible. We can not cancel any place unless we receive your written request to do so. Accepted entries cannot be deferred to the following year.

**6 No animals** apart from guide dogs are permitted. The Event is a Power Walking event and no other form of propulsion or transport (including but not limited to roller blades and bicycles and Nordic Poles) is allowed.

**7 No alcohol** is to be brought into, or consumed at The SunWalk prior to or during The Event. Smoking will not be permitted.

**8 Entry** – By entering The Event you agree to follow the reasonable directions of Action and abide by the rules of The Event which shall be communicated to you from time to time.

**9 Entry Fees** – The entry fee is £26.00 for adults and £18.00 for children aged 0 - 12. This fee is inclusive of VAT. The Entry Fee shall remain the same until all entries into The Event have been taken or 7 June 2010, whichever occurs first.

Entry Fees – In return for your Entry Fee, Action shall supply you with one entry to The Event, entry information, a bra and a T-shirt. Any other goods shall be provided at the discretion of Action. The Event is a Power Walking event. You will have the choice of entering into the Half Marathon (13.1 Miles), 10km or 5km. The Entry Fee shall include all delivery costs to addresses in the UK. There will be an additional charge for applicants who are not residents of the UK.

**10 Medical Information and Liability** – You are responsible for your own medical condition. If you are in doubt about your ability to take part in or finish The Event or you have any medical condition, consult your doctor prior to commencing your exercise programme. None of Action or WTW, the charities benefiting from WTW's grants nor The Event sponsors (together the Organisations) accept any liability for the health of the entrant. If you are NOT a UK resident Action advises that you should have personal insurance that covers you for participating in road walking sporting events.

**11 Liability** – The Event is operated by Action: none of the Organisations have any liability in relation to The Event. Action and the Organisations, to the fullest extent permitted by law, exclude liability for any loss, damage, injury, consequential loss suffered by any entrant personally or to their property as a result of their entry to or participation in The Event.

**12 Intellectual Property (IP)** – WTW owns the IP rights in the name Walk the Walk and the names of its events, including but not limited to The MoonWalk and The SunWalk. These rights include both trade marks and copyright. You are not permitted to use any of the rights owned by WTW, including the names of events or these terms and conditions, for your own purposes or to raise funds for WTW other than in connection with events and challenges approved by WTW.

**13 Disabled entrants** – are welcome to take part, although due to the nature of the event we ask you to contact the organisers (telephone +44 (0)1483 741430) prior to filling in this form as some disabilities may not find the event feasible. If the disabled entrant is successful in obtaining a place in the event, and requires assistance from another person, (or people) the assist will be guaranteed a place. If the number of support people exceeds 1, additional guaranteed places will be at the discretion of Action.

Please note that those people assisting a disabled entrant will be required to pay the entry fee, but will not be required to raise sponsorship if they do not wish to. In certain cases it will be possible for Action to allow a change in the support person or people. Any request for a change in personnel must be notified to Action. Once the event entry list has been closed and passed to the emergency services prior to the event no changes to entrants will be permitted.

**14 Sponsorship money raised** – You are not permitted to use any of the sponsor money that you raise in relation to your entry in The Event to pay for your expenses. If you do not pass all of the money that you raise to WTW you may be committing a criminal offence. A failure to submit any money raised from any previous participation in The Event, or a failure to notify us if you have not been able to attend a previous Event may result in Action refusing entry or cancelling this Agreement. You are not permitted to use your entry to raise money other than for WTW or to pass on funds raised for WTW to other charities. Any money raised by you relating to your participation in The Event will be paid to WTW and used for its general charitable purposes.

**15 Termination** – this Agreement remains in force until you have paid all money and sponsorship raised in relation to The Event to WTW. Action may cancel this Agreement at any time if you are in breach of any of these terms and conditions.

**16 Complaints** – If you have any complaints or queries, please write to: Walk the Walk in Action Limited, Brook House, 88 - 100 Chertsey Road, Woking, Surrey, GU21 5BJ, United Kingdom.

**17 Legal Information** – This Agreement shall be governed by the laws of England and Wales and Action and you hereby submit to the exclusive jurisdiction of the English Courts.

**Closing date for entries: 7 June 2010  
or earlier if the event is full.**

**One cheque must be received with each entry form. Entrant's name, address and event must be written on the back of the cheque.**

**One form per person.**

**Entries are processed in the order that we receive them.**

**Entries work on an individual basis, but if you want to walk with friends the best way to make sure you all secure a place is to send your entries in together. Do bear in mind, if an entry is incorrectly filled in, it will be returned and places are not reserved.**

### Data Protection Act

Walk the Walk Worldwide, Walk the Walk in Action Limited and WalkWear Limited (together "WTW") process your personal data (as defined by the Data Protection Act 1998 (the "Act") for the purposes of your entry into events, keeping you informed about our work, promotions and future events run by WTW and third parties, achieving the charitable objectives and marketing of a charitable organisation and fundraising. This may include WTW using your photograph or film image or a sound recording of you. Your name may also appear in any press listing of those participants taking part in events. WTW may transfer your personal data to HM Revenue and Customs, the charities that it supports through grants and to some supporting organisations, both charitable and commercial. If you would like WTW to stop processing your personal data at any time, you do not want your name to appear in any press listing of participants or you do not want your personal data transferred to a third party, please write to Walk the Walk Worldwide Brook House, 88-100 Chertsey Road, Woking, Surrey, GU21 5BJ. Please note that by requesting this you will not be informed about future events or the activities of WTW. Some of the information that we process will be sensitive personal data (as defined by the Act), by signing this form you give WTW explicit consent to process such data for the purposes outlined above.

**ALL entrants  
MUST  
complete  
this page  
and one  
other page**

**Personal Information**

Mrs/Ms/Miss/Mr/Other (please state)

Forename(s)

Surname

Address

Postcode

Country

Phone

Mobile

Email

Emergency contact name on event day

Emergency contact phone number

**Follow 3 easy steps to join The SunWalk:**

- 1** Fill in the form above
- 2** Choose which distance you want to walk and fill in one of the following forms:  
**Half Marathon** fill in the **Pink** form  
**10k** fill in the **Orange** form  
**5k** fill in the **Yellow** form
- 3** Enclose **one cheque** per entry made payable to Walk the Walk in Action Ltd (address on reverse of this form)

**NB. If you are entering as part of a team, each person must include a separate form and a separate cheque.**

If I am **NOT** successful in gaining entry to the event I would like to donate my entry fee. Yes  No

**By using Gift Aid you can make your donation worth more.**

For every pound you give to us, we get an extra 28 pence from the Inland Revenue. So just tick here, it's that simple. I would like Walk the Walk to treat the enclosed donation as a Gift Aid donation Yes  No

To qualify for Gift Aid, what you pay in income tax or capital gains tax must equal the amount we will claim in the tax year.

If you think your story may be of interest to others tick the box and attach a brief account of your story along with your entry form and post to the address on the reverse of this form.

Walk the Walk in Action Limited is a wholly owned subsidiary of Walk the Walk Worldwide, a charity recognised in Scotland which aims to grant 80% of its charitable income.

Charity No. 029572

# Half Marathon

All walkers  
must be at  
least 13 years  
of age on  
event day

## Preferred T-shirt style (if available)

### Loose fit

Medium 12 Large 14 XLarge 16 XXLarge 18 

### Tight fit

Small 8/10 Medium 10/12 Large 12/14 XLarge 14/16 XXLarge 16/18 

Small is available in tight fit only.

A bra will be sent to you.

The following sizes are available: 30 D-G, 32-38 A-G, 40-42 D-DD

Back size Cup size 

Prosthesis bras are currently available in the following sizes: 30 - 42 A - G.

If you are outside this size range, we will endeavour to find you a suitable prosthesis bra.

Back size Cup size 

If you require a bra size that is not available, we suggest that you either decorate one of your own bras for maximum comfort, or pick a bra size that is available and may be suitable for you. In all cases we will endeavour to send the bra size that you have requested. Colour can not be specified.

**Please make sure that you order the right size as exchanges are not possible.**

## Finishing times

Please tick your expected finishing time for 13.1 miles. Don't forget! Take into account that with training you will be faster than at the time of entry.

0-3 hrs 3-4 hrs 4-5 hrs 

If you plan to walk with anyone else you **MUST** put the same finish time if you want to start together. No runners are permitted in this event.

## Teams

Fill in this section if you are entering as a team and would like to be known by a 'team' name. **PLEASE NOTE: This section is compulsory for children and their parents/guardians.**

Team name 

It is essential that the spelling of the team name is correct.

Do you have any allergies or a medical condition of which the organisers should be aware?

Please give details below

## Entry fee

I enclose my entry fee of **£26** (inc VAT at the current rate)

Overseas participants will be required to pay an additional fee of **£5** to cover the cost of postage

By signing this form in the space below, I confirm that I have read and accept the conditions of entry to The SunWalk and all the rules and conditions of the event. All cheques must be made payable to **Walk the Walk in Action Ltd** – do not send cash. Entry forms that are not signed will be returned to the applicant.

I also aim to raise a minimum sponsorship of **£100.00** for Walk the Walk Worldwide.

**Rules and conditions of entry are on the back of the form.**

Signed Date 

**Entrants must be 13 years of age on the event day, 18 July 2010. Any walker between the age of 13 and 17 must include their age and signature of guardian.**

Date of birth day month year Age on event day Name of guardian (printed) Relationship of guardian to walker Signature of guardian

**10k**

All walkers must be at least 6 years of age on event day and must be able to walk the distance

**Preferred T-shirt style** (if available)

**Adult**

**Loose fit** Medium 12  Large 14  XLarge 16

XXLarge 18

**Tight fit** Small 8/10  Medium 10/12  Large 12/14

XLarge 14/16  XXLarge 16/18  Small is available in tight fit only.

**Child**

6yrs

7-8yrs

9-11yrs

12-13yrs

A bra will be sent to all walkers aged 13 and above.

The following sizes are available: 30 D-G, 32-38 A-G, 40-42 D-DD

Back size  Cup size

Prosthesis bras are currently available in the following sizes: 30 - 42 A - G.

If you are outside this size range, we will endeavour to find you a suitable prosthesis bra.

Back size  Cup size

If you require a bra size that is not available, we suggest that you either decorate one of your own bras for maximum comfort, or pick a bra size that is available and may be suitable for you. In all cases we will endeavour to send the bra size that you have requested. Colour can not be specified.

**Please make sure that you order the right size as exchanges are not possible.**

**Teams**

Fill in this section if you are entering as a team and would like to be known by a 'team' name. **PLEASE NOTE: This section is compulsory for children and their parents/guardians.**

Team name

It is essential that the spelling of the team name is correct.

Do you have any allergies or a medical condition of which the organisers should be aware?  Please give details below

**Entry fee**

I enclose my entry fee of **£26** (inc VAT at the current rate)

Children between the age of 6 -12 can benefit from a reduced entry fee of **£18** (inc VAT at the current rate)

Overseas participants will be required to pay an additional fee of **£5** to cover the cost of postage

By signing this form in the space below, I confirm that I have read and accept the conditions of entry to The SunWalk and all the rules and conditions of the event. All cheques must be made payable to **Walk the Walk in Action Ltd** – do not send cash. Entry forms that are not signed will be returned to the applicant.

I also aim to raise a minimum sponsorship of **£100.00** for Walk the Walk Worldwide. Children are just asked to raise as much money as they can.

**Rules and conditions of entry are on the back of the form.**

Signed  Date

**Entrants must be 6 years of age on the event day, 18 July 2010. Any walker between the age of 6 and 17 must include their age and signature of guardian.**

Date of birth  day  month  year  Age on event day

Name of guardian (printed)

Relationship of guardian to walker

Signature of guardian

Copyright and trademarks - all the information on this entry form and 'The SunWalk' title are under copyright to Walk the Walk Worldwide® and can not be copied for any purposes without written permission from Walk the Walk.

**5k**

Walkers  
of any age,  
limited places  
for buggies

**Preferred T-shirt style** (if available)

**Adult**

**Loose fit**

Medium 12

Large 14

XLarge 16

XXLarge 18

**Tight fit**

Small 8/10

Medium 10/12

Large 12/14

XLarge 14/16

XXLarge 16/18

Small is available in tight fit only.

**Child**

0-24months

3-4yrs

5-6yrs

7-8yrs

9-11yrs

12-13yrs

A bra will be sent to all walkers aged 13 and above.

The following sizes are available: 30 D-G, 32-38 A-G, 40-42 D-DD

Back size

Cup size

Prosthesis bras are currently available in the following sizes: 30 - 42 A - G.

If you are outside this size range, we will endeavour to find you a suitable prosthesis bra.

Back size

Cup size

If you require a bra size that is not available, we suggest that you either decorate one of your own bras for maximum comfort, or pick a bra size that is available and may be suitable for you. In all cases we will endeavour to send the bra size that you have requested. Colour can not be specified.

**Please make sure that you order the right size as exchanges are not possible.**

**Teams**

Fill in this section if you are entering as a team and would like to be known by a 'team' name. **PLEASE NOTE: This section is compulsory for children and their parents/guardians.**

Team name

It is essential that the spelling of the team name is correct.

Do you have any allergies or a medical condition of which the organisers should be aware?

Please give details below

**Entry fee**

I enclose my entry fee of **£26** (inc VAT at the current rate)

Children between the age of 0 - 12 can benefit from a reduced entry fee of **£18** (inc VAT at the current rate)

Overseas participants will be required to pay an additional fee of £5 to cover the cost of postage

By signing this form in the space below, I confirm that I have read and accept the conditions of entry to The SunWalk and all the rules and conditions of the event. All cheques must be made payable to **Walk the Walk in Action Ltd** – do not send cash. Entry forms that are not signed will be returned to the applicant.

I also aim to raise a minimum sponsorship of **£100.00** for Walk the Walk Worldwide. Children are just asked to raise as much money as they can.

**Rules and conditions of entry are on the back of the form.**

Signed

Date

**Any walker between the age of 0 and 17 must include their age and signature of guardian.**

Date of birth

day

month

year

Age on event day

There are limited places for buggies and we advise that babies should be carried in slings or back carriers.

Coming in a buggy

Name of guardian (printed)

Relationship of guardian to walker

Signature of guardian

## If you are entering via a download you may find the following information helpful.

### Please be aware:

If you don't put enough stamps on your envelope that contains your entry form, this delays it from getting to us which means that you may miss out on a place! It also means that we get charged a minimum of **£1.06**, for every envelope, without enough stamps and we also have to pay, for the missing postage - which is a real waste of all the money you have raised for us.

So if you send your entries in an A4 envelope, an ordinary 1st (36p) or 2nd (27p) class stamp is **not** enough. **The minimum charge is 52p for 1st and 42p for second.** Some of our teams of walkers also send in many entry forms in one envelope which usually means that the postage is not enough to cover the delivery. It then takes longer to get to us and we have to pay for all the charges!

So if in doubt, go to your local post office and ask for advice from the staff behind the counter. It will mean that we get your entry form quicker and also allow us to grant more of your fundraising to our charities.

Thank you from all of us at Walk the Walk

### Answers to your questions:

1. It is **very important that the entry form is signed by the person who is walking.**

2. **Incomplete or unsigned forms will unfortunately, be returned and you may not receive a place in the event**

3. **Can I download more than one application?**

You can download as many applications as you like, however each application must be completed by the person applying - Due to health and safety requirements each person who enters must be responsible for filling out their own form. Each person entering will be required to sign their entry form.

4. **Who should cheques be made payable to?**

All entry fee cheques should be made payable to 'Walk the Walk in Action Ltd.' Please ensure that you put the name and address of the corresponding entrant on the back of the cheque.

5. **Does everyone who sends in an application form get a place?**

Sadly not. All places are given in the order in which applications are received on a first come first served basis.

6. **Can I register on behalf of someone else?**

No. Due to health and safety requirements each person who enters must be responsible for filling out their own form. Each person entering will be required to sign their entry form.

7. **Can I hand deliver my form?**

You can hand deliver your application between the hours of 9am and 5.30pm Mon-Fri, unfortunately the building we are in does not have a letterbox for you to drop your entry through. We will time and date stamp every entry that is received this way we can ensure that all places are given in the strict order of first come first served.

8. **Can I courier my entry to you?**

Yes you can arrange a courier application between the hours of 9am and 5.30pm Mon-Fri, unfortunately the building we are in does not have a letterbox for you to drop your entry through. We will time and date stamp every entry that is received this way we can ensure that all places are given in the strict order of first come first served.

9. **Will sending an entry via Special Delivery guarantee my place?**

Sending applications via Special Delivery will guarantee next day delivery but does not guarantee your place on The SunWalk, all applications are treated on a first come first served basis.

10. **Can I enter as a part of a team?**

All applications are treated as individual entries however many people like to have a team name to fundraise together or as a method of building morale and team bonding. We do not allocate places as per team names, all places are given in the order in which applications are received. If you are entering as a team, it is advisable to put all entry forms in one envelope so that we receive them together and process them together - this way either you will all either be successful with your applications or not, depending on when we receive them. Please include one cheque with each individual entry form.

11. **Can I write a cheque on behalf of someone else?**

Yes, we don't mind who the cheque is from, as long as the entry form has been completed and signed by the applicant.

12. **Can I send one cheque for more than one application?**

We ask that you send one cheque for each application form. Please put the applicants name and address on the back of the cheque.

**13. I walked/volunteered before; do I get priority with my application?**

No, to be as fair as possible, all places are given as we receive applications on a first come first served basis.

**14. How much sponsorship do I need to raise?**

We ask that everyone who enters The SunWalk aims to raise a minimum of £100. We know how hard it can be to raise sponsorship, especially if you do lots of charity events! Fundraising is a fantastic way to raise money and awareness and we have had people do all sorts of things from bra decorating competitions, to bra car washes, falling out of planes and speed dating! There are many other fundraising ideas so why not check out our website to get you started or create a unique idea of your own!

**15. When will I find out if I have got a place?**

We will write to all successful applicants as soon as we possibly can to notify them of places. With the sheer volume of entries we receive, please do bear with us as it does take a little time to process all walkers details along with the details of those who unfortunately were unsuccessful with their walking applications onto our database. We will write to everyone who has applied to take part to let them know whether or not they have secured a place. **We will be unable to confirm any places over the telephone or via e-mail until these letters have been posted.**

**16. I got a place but my friend didn't- what can we do?**

All places are given in the strict order in which applications are received. If a walking place has been unsuccessful, there are still ways to support the event, Walk the Walk and our walkers. We would love you to join us by becoming one of our treasured volunteers on the day of The SunWalk! We need over 600 volunteers to make the event happen and you could be doing jobs ranging from marshalling on the route, giving out water, serving food or handing out medals as walkers cross that finish line!

**17. I am unable to walk; can I give my place to someone else?**

Places are allocated to individuals as per the application forms, once you have been accepted your place cannot be transferred to any other person. If you are unable to attend The SunWalk, you must notify us in writing as soon as possible – you cannot give your place to any other person.

**18. Is it possible to defer my entry to another event?**

No, we are unable to defer any places or transfer your place to any other event organised by Walk the Walk .

**19. Can I change any details on my application form?**

No, we are unable to accept any changes to your entry other than your address if you move. Please do notify us of any change of address in writing to [info@walkthewalk.org](mailto:info@walkthewalk.org)

**20. Can the entry form be photocopied?**

We will accept photocopied forms as long as we can read the details on the form, the form is completed and signed by the entrant and each form is accompanied by a cheque made payable to 'Walk the Walk in Action Ltd'